

GLENBROOK HIGH SCHOOLS
Office of the Assistant Superintendent for Business/CSBO
Regular Board Meeting – March 9, 2015

TO: Dr. Michael Riggle

FROM: Hillarie Siena

DATE: March 9, 2015

RE: Wellness Presentation – HPN Worldwide

In accordance with the District's established insurance timeline, a review of the Shape Your Life wellness program was presented to the Board of Education at the February 23, 2015 meeting. Information shared with the Board included fall screening participation numbers and historical trends, and financial data relative to the wellness program budget and costs of the newly implemented insurance premium rebate for participation in a wellness screen. Present at the February 23, 2015 meeting were the District's third-party consultants from HPN Worldwide. In light of an ensuing discussion with the Board regarding the overall benefits of a wellness program, Dr. Bob Gorsky and Mr. Ben Gorsky from HPN Worldwide will be attending the March 9, 2015 Board of Education meeting to present statistical information to the Board, as well as share their expertise in the area of wellness.

Dr. Bob Gorsky is the founder and President of HPN Worldwide, and has been in the field 38+years empowering others to optimize health, care, wellbeing and success through training, mentoring, research, solution innovation and essential engagement. HPN Worldwide specializes in evidence-based population health, risk management and wellness research, support services and resources, serving mainly employers, unions, health care systems, health plans and NFP community groups, focusing on solutions that improve the use and quality of care, patient safety, early detection, prevention, financial health and other wellbeing.

Dr. Gorsky is a member of the APHA, NWI, an Associate Editor of the American Journal of Health Promotion (AJHP), and serves on the Board of Directors of the Board of Pensions (PCUSA). Some prior roles include serving on the URAC accreditation committee for wellness quality standards and as a founding board member of the Health Enhancement Research Organization (HERO). He has a BS in Health Sciences and PhD in Health Promotion and Human Performance.