



# STUDENT WELLNESS

Presentation to the Board of Education  
March 15, 2021





# Student Wellness

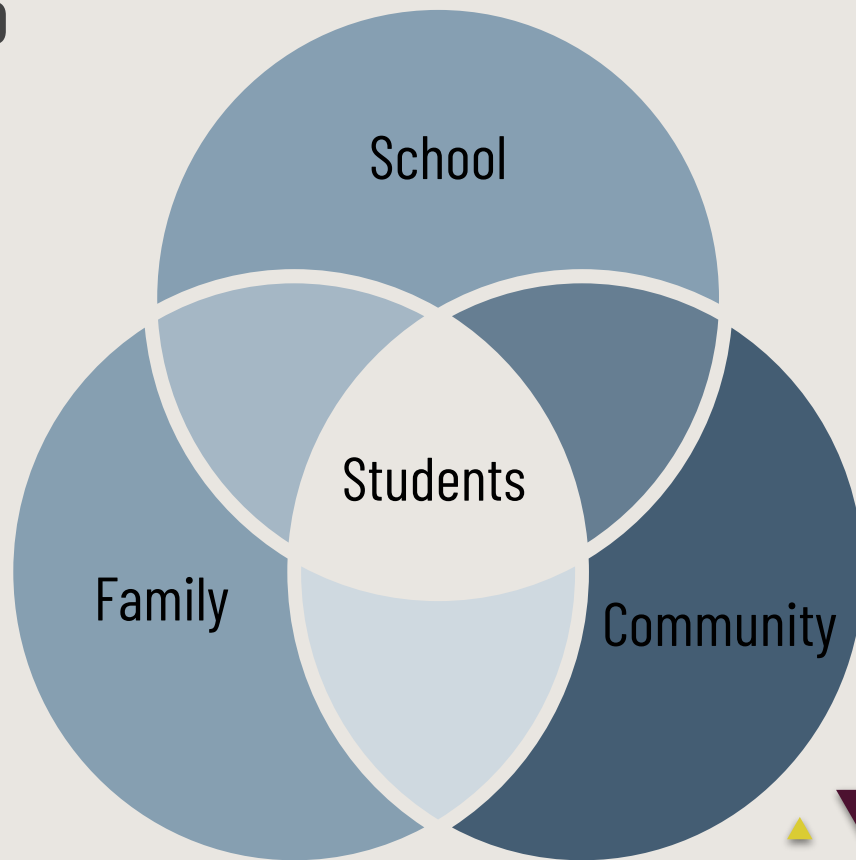
Overview

Wellness in the Schools

Community Partnerships

Areas for Growth

# A Partnership



# Student Support Teams (SST)

## Participants

- Counselor
- Psychologist
- Social Worker
- Dean
- Case Manager, Nurse, Teachers, Related Services (if appropriate)

## Purpose

- Review attendance
- Review grades
- Review dean's referrals/discipline
- Review parent/teacher/student referrals
- Problem-solve interventions and monitor progress
- Review approximately 6 to 10 students per team/weekly



# Direct Services

- Individual Counseling
  - All students - General education and special education
- Group Counseling
  - Based on student needs (i.e., anxiety, social skills, body image, executive functioning, grief)
- Student Assistance Program
  - Monthly topics and activities for students, parents and staff
- Homebound/Hospitalization Services
  - Tutoring
  - Re-entry meeting prior to student returning to the building
- Family Assistance
  - Connect to community resources



# Curriculum/Universal Screening



## SOS - Signs of Suicide

- Freshmen students
- Presented during PE classes
- Co-taught with Health teacher and social worker/psychologist
- Individual student suicide screener



## ADAP - Adolescent Depression Awareness Program

- Sophomore students
- Presented during Health classes
- Co-taught with Health teacher and social worker/psychologist



## Social/Emotional Wellbeing 6-week Curriculum

- All students
- Presented during PE/Health classes
- Co-taught with PE/Health teacher and social worker/psychologist/counselor



# Assessments

## Health & Safety Assessment

- A student is a potential danger to themselves
- Conducted by two clinical team members
- Standardized process and paperwork

## Threat Assessment

- A student is a potential danger to others
- Conducted by two clinical team members
- Standardized process and paperwork
- Quarterly reviews of all students
  - SST input
  - Teacher feedback
  - SRO input





# Anonymous Reporting Opportunities

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Text-A-Tip

Anonymous Concern Form





# Community Partnerships

- Compass Health Center
- Glenview Northbrook Coalition for Youth (GNCY)
- Family Service Center
- Peer Services
- Youth Services of Glenview/Northbrook
- NorthShore Medical Group
  - Psychiatric Consultation and Evaluations



# Areas for Growth

- Research and consider implementation of Mental Health First Aid training for staff and students (Sophomores, Juniors, Seniors)
- Research and identify universal screener for depression for Juniors and Seniors
- Explore continued partnership between Student Services and PE/Health
- Further develop teachers' ability to incorporate social/emotional learning into their curriculum

